

Autumn Term 2 - Mental health and wellbeing

Friendship

Key Vocabulary

friend	Someone that is special to you
friendship	When people are friends
excluded	Being left out
argument	When you disagree with someone
falling out	When a friendship goes wrong

Questions to think about ...

What makes a good friend?

Which people are special to me?

What can I do to make new friends?

How does it feel if you are left out of a game?

Is it sometimes hard to make friends?

What can help make friendship stronger?



Useful Websites:

Always talk to someone who helps keep you safe, such as a parent, teacher or other adult you trust.

ChildLine: 0800 1111 www.childline.org.uk

Books to help with this topic:

Friends, Kathryn Cave and Nick Mayland

Rosie and the yellow ribbon, Paula

DePaolo

Two friends, Clara Vullamy

I'm not invited, Diana Cain Bluthenthal

Hello – Jack Foreman

Friends, Kim Lewis



What we should know and what we should be able to do:

To learn about special people in our lives

- *I can identify people who are special to me and explain why*
- *I understand what makes a good friend*
- *I can demonstrate how to show someone I care*

To learn about making friends and who can help with friendships

- *I understand how people might feel if they are left out or excluded from friendships*
- *I recognise when someone needs a friend and know some ways to approach making friends*
- *I know who I can talk to if I am worried about friendships*

Pupils learn about solving problems that might arise with friendships

- *I can identify some ways that friendships can go wrong*
- *I can describe some ways to sort out friendship problems*
- *I recognise that difficulties within friendships can usually be sorted out*