



Slindon CofE Primary School- Progression of skills – PSHE

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Keeping Safe and Managing Risk</p>	<p>Pupils learn about safety in familiar situations</p> <p>Pupils learn about personal safety</p> <p>Pupils learn about people who help keep them safe outside the home</p>	<ol style="list-style-type: none"> 1. Pupils learn about keeping safe in the home, including fire safety 2. Pupils learn about keeping safe outside 3. Pupils learn about road safety 	<ol style="list-style-type: none"> 1. Pupils learn to recognise bullying and how it can make people feel 2. Pupils learn about different types of bullying and how to respond to bullying incidents 3. Pupils learn about what to do if they witness bullying 	<ol style="list-style-type: none"> 1. Pupils learn how to be safe in their computer gaming habits 2. Pupils learn about keeping safe near roads, rail, water, building sites and around fireworks 3. Pupils learn about what to do in an emergency and basic emergency first aid procedures 	<ol style="list-style-type: none"> 1. Pupils learn about keeping safe online 2. Pupils learn that violence within relationships is not acceptable 3. Pupils learn about problems that can occur when someone goes missing from home 	<ol style="list-style-type: none"> 1. Pupils learn about feelings of being out and about in the local area with increasing independence 2. Pupils learn about recognising and responding to peer pressure 3. Pupils learn about the consequences of anti-social behaviour (including gangs and gang related behaviour)
<p>Mental health and emotional wellbeing</p>	<ol style="list-style-type: none"> 1. Pupils learn about different types of feelings 2. Pupils learn about managing different feelings 3. Pupils learn about change or loss and how this can feel 	<ol style="list-style-type: none"> 1. Pupils learn about the importance of special people in their lives 2. Pupils learn about making friends and who can help with friendships 3. Pupils learn about solving problems that might arise with friendships 	<ol style="list-style-type: none"> 1. Pupils learn about celebrating achievements and setting personal goals 2. Pupils learn about dealing with put-downs 3. Pupils learn about positive ways to deal with set-backs 		<ol style="list-style-type: none"> 1. Pupils learn about a wide range of emotions and feelings and how these are experienced in the body 2. Pupils learn about times of change and how this can make people feel 3. Pupils learn about the feelings associated with loss, grief and bereavement 	<ol style="list-style-type: none"> 1. Pupils learn what mental health is 2. Pupils learn about what can affect mental health and some ways of dealing with this 3. Pupils learn about some everyday ways to look after mental health 4. Pupils learn about the stigma and discrimination that can surround mental health
<p>Physical health and wellbeing</p>	<p>They can use stories to understand fact and fiction.</p> <p>Compare people talking about their past.</p>	<ol style="list-style-type: none"> 1. Pupils learn about food that is associated with special times, in different cultures 2. Pupils learn about active playground games from around the world 3. Pupils learn about sun-safety 	<ol style="list-style-type: none"> 1. Pupils learn about making healthy choices about food and drinks 2. Pupils learn about how branding can affect what foods people choose to buy 3. Pupils learn about keeping active and some of the challenges of this 	<ol style="list-style-type: none"> 1. Pupils learn why people may eat or avoid certain foods (religious, moral, cultural or health reasons) 2. Pupils learn about other factors that contribute to people's food choices (such as ethical farming, fair trade and seasonality) 	<ol style="list-style-type: none"> 1. Pupils learn that messages given on food adverts can be misleading 2. Pupils learn about role models 3. Pupils learn about how the media can manipulate images and this may not reflect reality 	

				3. Children learn about the importance of getting enough sleep		
Identity, Society and Equality	<ol style="list-style-type: none"> 1. Pupils learn about what makes themselves and others special 2. Pupils learn about roles and responsibilities at home and school 3. Pupils learn about being co- operative with others 	<ol style="list-style-type: none"> 1. Pupils learn about what makes themselves and others special 2. Pupils learn about roles and responsibilities at home and school 3. Pupils learn about being co- operative with others 	<ol style="list-style-type: none"> 1. Pupils learn about valuing the similarities and differences between themselves and others 2. Pupils learn about what is meant by community 3. Pupils learn about belonging to groups 	<ol style="list-style-type: none"> 1. Pupils learn about Britain as a democratic society 2. Pupils learn about how laws are made 3. Pupils learn about the local council 	<ol style="list-style-type: none"> 1. Pupils learn about stereotyping, including gender stereotyping 2. Workshop from Diversity Role Models or Equaliteach 3. Pupils learn about prejudice and discrimination and how this can make people feel 	<ol style="list-style-type: none"> 1. Pupils learn about people who have moved to Slindon from other places, (including the experience of refugees) 2. Pupils learn about human rights and the UN Convention on the Rights of the Child 3. Pupils learn about homelessness
Drug, Alcohol and Tobacco Education	<ol style="list-style-type: none"> 1. Pupils learn about what can go into bodies and how it can make people feel 	<ol style="list-style-type: none"> 1. Pupils learn about what can go into bodies and how it can make people feel 	<ol style="list-style-type: none"> 1. Pupils learn the definition of a drug and that drugs (including medicines) can be harmful to people 2. Pupils learn about the effects and risks of smoking tobacco and secondhand smoke 3. Pupils learn about the help available for people to remain smoke free or stop smoking. 	<ol style="list-style-type: none"> 1. Pupils learn that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them. 2. Pupils learn about the effects and risks of drinking alcohol 3. Pupils learn about different patterns of behaviour that are related to drug use 	<ol style="list-style-type: none"> 1. Pupils learn about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis 2. Pupils learn about different influences on drug use – alcohol, tobacco and nicotine products 3. Pupils learn strategies to resist pressure from others about whether to use drugs –smoking drugs and alcohol 	<ol style="list-style-type: none"> 1. Pupils learn about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs 2. Pupils learn about assessing the level of risk in different situations involving drug use 3. Pupils learn about ways to manage risk in situations involving drug use
Careers, Financial Capability and Economic Wellbeing	<ol style="list-style-type: none"> 1. Pupils learn about where money comes from and making choices when spending money 2. Pupils learn about saving money and how to keep it safe 3. Pupils learn about the different jobs people do 		<ol style="list-style-type: none"> 1. Pupils learn about what influences people's choices about spending and saving money 2. Pupils learn how people can keep track of their money 3. Pupils learn about the world of work 		<ol style="list-style-type: none"> 1. Pupils learn that money can be borrowed but there are risks associated with this 2. Pupils learn about enterprise 3. Pupils learn what influences people's decisions about careers 	

<p>Relationships and Sex Education (RSE)</p>				<ol style="list-style-type: none">1. Pupils learn about the way we grow and change throughout the human life cycle2. Pupils learn the physical changes associated with puberty3. Pupils learn about menstruation and wet dreams4. Pupils learn about the impact of puberty on physical hygiene and strategies for managing this5. Pupils learn how puberty affects emotions and behaviour and strategies for dealing with this6. Pupils learn to answer each other's questions about puberty with confidence, to seek support and advice when they need it		<ol style="list-style-type: none">1. Pupils learn about the changes that occur during puberty2. Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact3. Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships4. Pupils learn about human reproduction in the context of the human life cycle5. Pupils learn how a baby is made and grows (conception and pregnancy)6. Pupils learn about roles and responsibilities of parents and carers7. Pupils learn to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it.
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