



Key Vocabulary	
medicine	A drug given to you by a doctor, nurse or trusted adult to help you feel better
vaccination	An injection to protect you from particular illnesses
recover	Get well and healthy
inhaler	A thing that gives you a drug to help your breathe if you have asthma

Questions to think about ...

What do different medicines look like?

Who gives us medicines?

Who should you tell if you feel unwell?

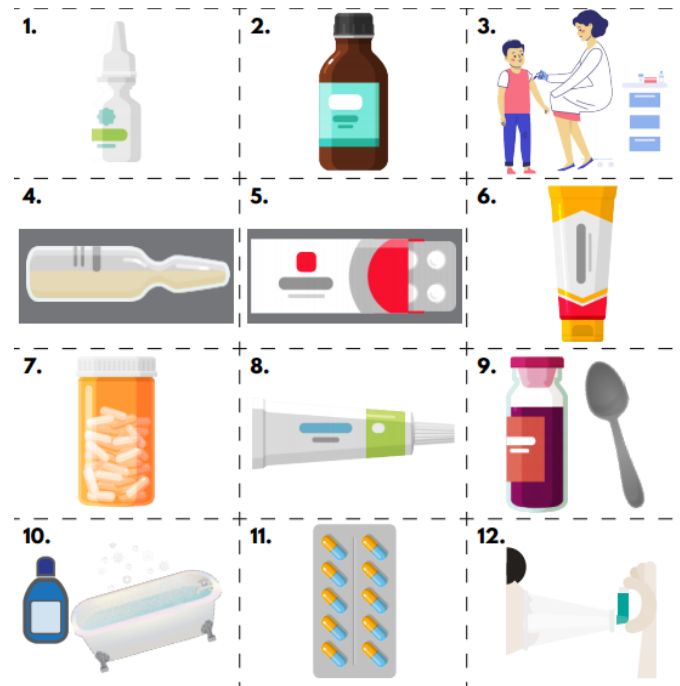
What safety rules are useful for medicines?

Useful Websites:

Always talk to someone who helps keep you safe, such as a parent, teacher or other adult you trust.

ChildLine: 0800 1111 www.childline.org.uk

Call 999 if anyone is in danger or you think there is an emergency



What we should know and what we should be able to do:

NC objective:
Pupils learn why medicines are taken

Outcomes:
Pupils • understand the purpose of medicines is to help people stay healthy, get well or feel better if they are ill • know that medicines come in different forms • recognise each medicine has a specific use

NC objective:
Pupils learn where medicines come from

Outcomes:
Pupils • know that medicines can be prescribed by a doctor or bought from a shop or pharmacy • know when medicines might be used and who decides which medicine is used • understand that there are alternatives to taking medicines, and when these might be helpful

NC objective:
Pupils learn about keeping themselves safe around medicines

Outcomes:
Pupils • understand that medicines comes with instructions to ensure they are used safely • know some safety rules for using and storing medicines • recognise that medicines can be harmful if not taken correctly

NC objective:
ASTHMA LESSON FOR YEAR 2 Pupils learn that medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use

Outcomes:
Pupils • know what asthma is and how it can affect people • can recognise the symptoms of an asthma attack • understand how people with asthma can look after themselves – treating asthma as a condition and treating an asthma attack

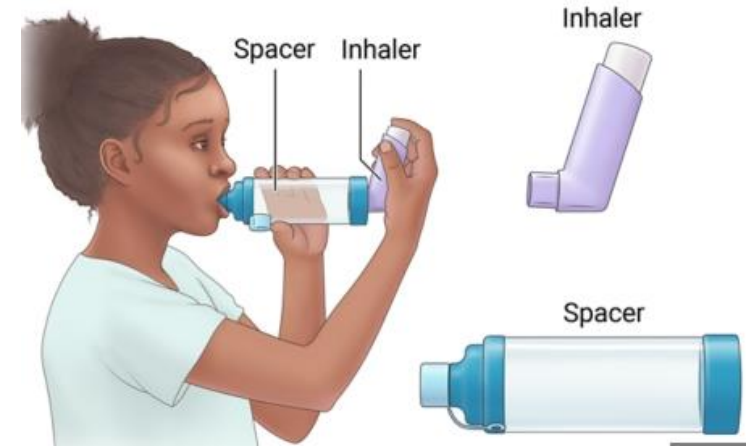
People who help us with health

Teacher	Class teacher, teaching assistant or someone who helps us learn
Pharmacist	Someone who is qualified to give out or sell medicines
Paramedic	Person trained to give emergency medical care
Counsellor	Person trained to help people with their feelings
Parent	Father or mother or someone who looks after and cares for a child
Nurse / Doctor	A person trained to give health advice and treat someone who is ill
Cleaner	A person who works to keep a place or things clean
Dentist	A person trained to help people have healthy teeth and gums

Rules for Medicines



- Follow the instructions.
- Only take medicine when it is needed.
- Don't share medicine.
- Take medicine from a trusted adult.



Medicines Word Mat

