

Slindon CofE Primary School Newsletter



28th April 2023

It's Summer.

Dear Parents/Carers,

The summer term is possibly my favourite term of the year, the sun comes out and we can spend more time outdoors, enjoying the grounds and learning about our environment. With this in mind the classes have planting and growing in mind, with some planning wildflower beds, while others are looking to plant vegetables.

This term also sees us prepare for our end of year SATs. It is also useful to remember that these are not a judgement of our children, and are rather a chance for them to show off what they can do. We recognise that our children are more than just tests, they are poets, musicians, artists, historians and all the other things we value and admire about them.

We are also looking forward to more school trips, visits, visitors, outdoor experiences and the odd play. This term is always busy, but it is also one of great excitement and joy, which we hope that all of our school community can share in.

Laura Webb
Headteacher

Dates

30/04	Grounds clearance morning
01/05	Bank Holiday
05/05	Coronation Party Afternoon
08/05	Bank Holiday - Coronation
09/05-12/05	Year 6 SATs week
19/05	Wear it blue for Mind day
23/05	Messy Church
05/06	INSET day 5
12-18/06	Local History Week
12/06	School photographer
14/06	Local History Walk with Chris Hare
15/06	Hazel and Catkins to the WWT
19-23/06	Art Week
24/06	Summer Fair
28/06	Yr 6 Leavers Service at Chichester Cathedral

We have been thinking about Wisdom, linked to peace. Particularly, we have been discussing Words of Wisdom we may hear. Galatians 5:22-24 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

What's happening in school?

Catkins visit to Goodwood Farm.

On Friday 21st April, Catkin Class had the opportunity to visit Goodwood Farm, as part of their learning.

While at the farm, they got to meet the dairy herd, walk around the farm and see some of the other animals. The children had a fantastic time and were wonderfully behaved.

On this trip the children were able to see how milk, cream and cheese are made on an organic farm. They got up close to the cows, meeting some very new additions, and were also able to see where the milking happens. Then, while on a long walk around the estate, they got to shake the milk and magically it turned into butter!



Maths fact – Multiple

The result of multiplying a number by an integer (not by a fraction).

Examples:

- 12 is a multiple of 3, because $3 \times 4 = 12$
- -6 is a multiple of 3, because $3 \times -2 = -6$
- But 7 is NOT a multiple of 3

SPAG fact- A subordinating conjunction is a word or phrase that links a dependent clause to an independent clause. This word or phrase indicates that a clause has informative value to add to the sentence's main idea, signaling a cause-and-effect relationship or a shift in time and place between the two clauses

Chestnuts at Tangmere

Chestnut Class had a wonderful time at Tangmere Aviation Museum. This culminated their work on World War 2 and gave the children the opportunity to see some of the planes involved.

They also had the chance to take part in a drama activity and visit the museum collection from the time. They learnt more about the lives of those who took part in war and what it must have been like.

The children who produced the best drama were also gifted with a hand drawn picture, from the museums resident artist, who is 93 years old.

We are also very thankful to Slindon College and the wonderful parents, who transported the children to the museum.





Parenting support service

Supporting children and young people's mental health

Our parenting support service aims to increase the confidence, knowledge and skills of parents and carers around supporting their children and young people's mental health.

If you would like support, contact our Help Point:

Monday to Friday, 10am – 4pm

0300 303 5652 or
helppoint@westsussexmind.org

Support includes:

- Online peer support groups
- Talks from 'experts by experience' on topics such as stress and anxiety
- One to one telephone support
- Casual check-ins
- Private Facebook group
- Signposting.

West
Sussex
mind

westsussexmind.org
Charity no. 1155918



the national sleep helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

the national sleep helpline

50%

Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

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Wednesday 9am - 11am

POWERED BY  the sleep charity

IN PARTNERSHIP WITH  Furniture Village

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*Survey of 2,000 adults by OnePoll, Aug 2021



UK Health
Security
Agency

Enjoy the outdoors but 'be tick aware'



Being tick aware by using the following information can help to reduce the chance of tick bites and risk of Lyme disease:

- ticks can transmit microbes that cause infections such as Lyme disease
- you could be exposed to ticks whenever you spend time outdoors, including when in your garden or the local park
- ticks mainly attach to animals, but sometimes they may bite you or your family
- you can reduce the chance of tick bites by walking on clearly defined paths, using insect repellent and performing **regular tick checks**
- some tick bites can result in infection, so it is important to remove ticks safely and as quickly as possible
- the safest way to remove a tick is by using a pair of **fine-tipped** tweezers or a tick removal tool
- if you begin to feel unwell with flu-like symptoms, or develop a spreading circular red rash (which usually appears within 1 to 4 weeks after being bitten), **contact your GP or NHS 111 promptly**. Mention if you were bitten by a tick or have recently spent time outdoors

Tick sizes compared to a one penny coin



Tick in the environment



Tick attached to skin



Lyme disease bullseye rash



Tick found under hair



For more information, search for the phrases 'ticks' and 'Lyme disease' on these websites:

www.nhs.uk www.gov.uk www.nice.org.uk/guidance

WSS03/02/AN/03/23

GOV-11370