



Key Vocabulary	
risk	A situation that could be dangerous
peer pressure	Influence by members of a group
tobacco	Nicotine rich leaves that are dried and put into cigarettes
Legal drug	Something you can buy and take lawfully – alcohol, tobacco, medicines
Illegal drugs	Drugs that are against the law to buy, sell and consume
cannabis	An illegal drug that is smoked, often with tobacco



#### Questions to think about ...

What risks are involved in using different legal drugs like alcohol, medicine and nicotine products?

What risks are involved when taking illegal drugs?

Which situations make taking drugs even more risky?

How can people reduce risks?

Who can I turn to help if I am worried about drug use?



#### Useful Websites:

Always talk to someone who helps keep you safe, such as a parent, teacher or other adult you trust.

Call 999 if there is an emergency or someone is unsafe

ChildLine: 0800 1111 [www.childline.org.uk](http://www.childline.org.uk) Frank: 0300 123 6600 [www.talktofrank.com](http://www.talktofrank.com) Change4Life: [www.nhs.uk/change4life](http://www.nhs.uk/change4life)

#### What we should know and what we should be able to do:

**To learn about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs**

- I know about some of the possible effects and risks of different drugs
- I know that some drugs are restricted or that it is illegal to own, use and supply them to others
- I understand why and when people might use drugs

**To learn about assessing the level of risk in different situations involving drug use**

- I can explain why risk depends on the drug itself, the person using the drug and the situation – when and where the person is, and who they are with
- I can identify risks within a given scenario involving drug use
- I understand what would need to change to reduce the level of risk

**To learn about ways to manage risk in situations involving drug use**

- I can identify situations where drug use may occur
- I know some ways of reducing risk in situations involving drug use
- I know where to get help, advice and support regarding drug use

For teachers: [Drugs and Alcohol \(Primary School\) – Safe4Me](#)