

Slindon CofE Primary School Newsletter



21st June 2023

Too much to talk about!

Dear Parents/Carers,

This half term is flying ahead and so many big events are now being ticked off to finish the year.

On the 24th June we had a fantastic summer fair organised by the PFA. We saw bouncy castles, school made products, welly wanging Pimms tents, burgers and of course 'The Great Slindon bake off!' As a school we are so thankful to our PFA for events like this, as it means we can raise the funds to ensure our children have the best learning experience possible.

On the 28th June we took our year 6 children to the Chichester Cathedral Leaver's Service. This is an opportunity for the church school community to say goodbye and good luck to our amazing year 6 children. It is always an immense pleasure to go to this service and celebrate the truly amazing children we have.

We were also lucky enough to hold our school sports day, where the children had a lot of fun competing in a variety of activities and then sprinting to victory. This year we have taken part in quite a few competitions and it is clear that these have had an impact on the children. I look forward to seeing what they achieve into the next year.

All the best,
Laura Webb
Headteacher

Dates

04/07	Transition day
05/07	New reception in
06/07	Acorn Class Arundel River trip
13/07	Catkins and Hazel to Arundel Castle.
14/07	KS2 Production
18/07	Open evening to discuss reports.
19/07	Leavers Service at St Mary's

Our collective worship theme is Perseverance, linked with our Christian value of self-control.

We will be encouraging the children to think about what they can do in the future to persevere.

Galatians 5:22-24 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

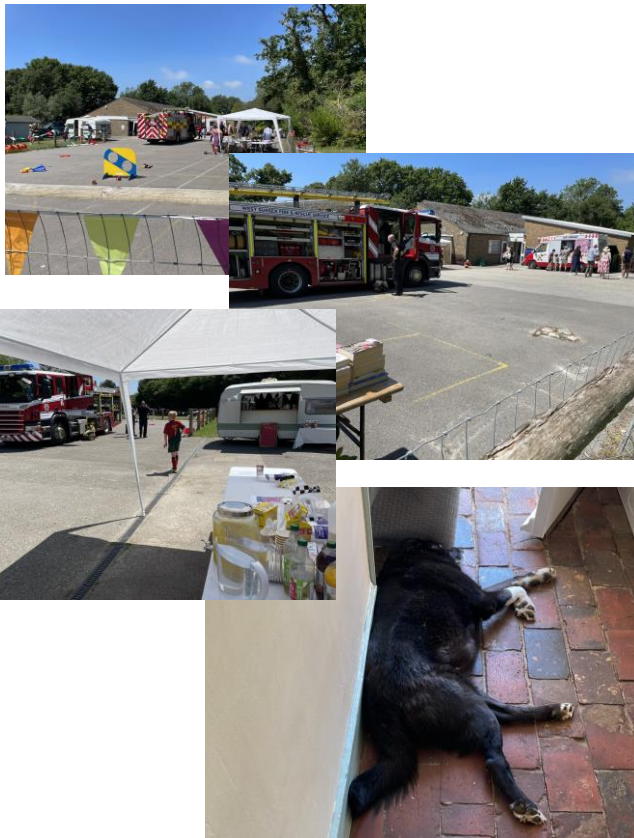
What's happening in school?

Sussex Day

On the 16th June, Chestnuts Class visited Bury School to take part in traditional activities for Sussex day.

The children (and adults) had a fantastic time and were able to take part in Morris dancing, traditional story-telling and many other activities.

Thank you to Bury School for hosting the event.



PFA Summer Fair

We had a wonderful day at the Slindon CofE Primary School Summer Fair. The PFA did a fantastic job organising all of the stalls and events.

I was very impressed by the fine selection of cakes and it was fantastic to see Mr Burr judging what was on offer.

The Year 6 children created some fantastic products to sell, and their entrepreneurial skills were very much on show that day.

Thank you again to the PFA and all the other parents, wider family, members of the local community and the children for making the day such a success.

Also, Dusty appreciated the ball throwing, cuddles and general love she received. She was worn out when she got home!

Maths fact – Minuend

The first number in a subtraction. The number from which another number (the subtrahend) is to be subtracted. minuend – subtrahend = difference

Subtraction:

$$\begin{array}{c} 8 - 3 = 5 \\ \swarrow \quad \uparrow \quad \nwarrow \\ \text{Minuend} \quad \text{Subtrahend} \quad \text{Difference} \end{array}$$

SPAG fact- Future perfect progressive tense

The future perfect progressive tense is used for an ongoing action that will be completed at some specified time in the future.

For example:

John will have been baking a cake.

They will have been painting the fence.

Year 6 Leavers Service

On the 28th June Year 6 attended the Leavers Service at Chichester Cathedral. Dexter read the opening prayer beautifully and the children's singing was amazing. We also got to see some of the other schools in the Diocese read prayers and readings.

After the service we stopped for lunch in the Bishop Palace Gardens, before heading down to Ten Pin bowling at Chichester Gate.

The games were a little competitive, but overall it was fantastic to see the children having fun together.





Parenting support service

Supporting children and young people's mental health

Our parenting support service aims to increase the confidence, knowledge and skills of parents and carers around supporting their children and young people's mental health.

If you would like support, contact our Help Point:

Monday to Friday, 10am – 4pm

0300 303 5652 or
helppoint@westsussexmind.org

Support includes:

- Online peer support groups
- Talks from 'experts by experience' on topics such as stress and anxiety
- One to one telephone support
- Casual check-ins
- Private Facebook group
- Signposting.

West
Sussex
mind

westsussexmind.org
Charity no. 1155918



the national sleep helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am



50%

Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

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POWERED BY  IN PARTNERSHIP WITH 

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*Survey of 2,000 adults by OnePoll, Aug 2021

NHS



PROTECT

YOUR CHILD

VACCINES GIVE THEM

THE POWER TO FIGHT

PREVENTABLE

CHILDHOOD DISEASES

Designed by: Agency Creative Concept Design, June 2014

Ensuring your child has their vaccinations at the right time gives them the best protection, but it's not too late to catch up on any vaccinations they've missed.

Vaccines are one of the most effective ways to protect your child against a range of unpleasant and often serious childhood diseases.

If you are not sure whether your child has had all their vaccines for their age:

- look in your RED BOOK
- ask your Health Visitor
- contact your GP practice

[westsussex.gov.uk/
childhood-immunisations](http://westsussex.gov.uk/childhood-immunisations)



Parents and carers support

Maintaining positive mental health and good well-being is important for us all, regardless of age. Children and young people can experience issues with their mental health such as anxiety, low-mood, emotionally based school avoidance, issues linked to disabilities (physical or neurodiversity), LGBTQI+ and more.

West Sussex Mind provides a service aimed at increasing parents and carers confidence at providing support to their children and young people.

The Parenting team has both lived and professional experience of supporting people with poor mental health and understand how hard being a parent with extra challenges can be. The service would like to support you by helping to increase your own resilience in supporting your children and young people, and to help you get the right support for them, by providing the following:

Peer support groups (on-line and some in-person); 1:1 peer led support sessions; monthly guest speakers covering topics chosen by the parents and carers including: supporting those affected by self-harming; autism, ADHD and mental health, planning for school transitions and managing self-care; signposting and on-line training.

The peer support groups offer a safe, non-judgemental space for parents and carers to come and share their thoughts and feelings with others going through similar situations and pick up new ideas or tips. It also provides parents and carers a chance to build a network of support and learn new strategies.

If the service sounds like something you would benefit from, please contact our Help Point: Monday to Friday, 10am – 4pm 0300 303 5652 or helppoint@westsussexmind.org stating you would like to access the Parenting Support Service. Once you have been referred into the service, the Project Manager will arrange a suitable time with you for a chat to arrange access to the support provided.

Alternatively, if you would prefer to access some of free eLearning courses on subjects such as LGBTQ+ awareness, eating disorders and suicide, please visit our Eventbrite page to register [West Sussex Mind Events | Eventbrite](#)

Or, visit our website for access to free webinars on areas including supporting parents of carers with children and young people presenting with aggressive behaviour and emotionally based school avoidance [West Sussex Mind | Webinars for parents and carers](#)

Summer 2023



DEDICATED SCHOOLS TEAM DROP IN OFFER

We are offering a drop during the school summer holidays for parents/ carers, and young people who might want to talk about any worries they or their children have about returning to school in September. This is open to all parents regardless of whether a child is just starting school or transitioning to secondary school.

Please come along for a cuppa and a chat!

We will be available at:

- Arun East Family Hub, (Wickboorne), Clun Road Littlehampton BN17 7DE
 - 15th August 9.30-12.30
 - 22nd August 9.30-12.30
 - 29th August 9.30-12.30
- Arun West Family Hub (Treehouse) Basted Boggar Regis PO22 9HT
 - 16th August 9.30 - 12.30
 - 23rd August 9.30 - 12.30
 - 30th August 9.30 - 12.30

We look forward to seeing you!